# Dually biofortified cisgenic tomatoes with increased flavonoids and branched-chain amino acids content 

Marta Vazquez-Vilar ${ }^{1}$ (DD, Asun Fernandez-del-Carmen ${ }^{1}$, Victor Garcia-Carpintero ${ }^{1}$, Margit Drapal ${ }^{2}$ (ID, Silvia Presa ${ }^{1}$, Dorotea Ricci ${ }^{3}$, Gianfranco Diretto ${ }^{3}$ (D), José Luis Rambla ${ }^{1,4}$, Rafael Fernandez-Muñoz ${ }^{5}$, Ana Espinosa-Ruiz ${ }^{1}$, Paul D. Fraser ${ }^{2}$ (D), Cathie Martin ${ }^{6}$, Antonio Granell ${ }^{1}$ and Diego Orzaez ${ }^{1, \star}$ (D)<br>${ }^{1}$ Instituto de Biología Molecular y Celular de Plantas, Consejo Superior de Investigaciones Cientificas, Universitat Politècnica de Valéncia, Valencia, Spain<br>${ }^{2}$ Royal Holloway University of London, Surrey, UK<br>${ }^{3}$ Biotechnology Laboratory, Italian Agency for New Technologies, Energy and Sustainable Development (ENEA), Rome, Italy<br>${ }^{4}$ Department of Biology, Biochemistry and Natural Sciences, Universitat Jaume I, Castellón de la Plana, Spain<br>${ }^{5}$ Departamento de Mejora Genética y Biotecnología, Estación Experimental La Mayora, Instituto de Hortofruticultura Subtropical y Mediterránea La Mayora, Universidad de Málaga-Consejo Superior de Investigaciones Científicas, Málaga, Spain<br>${ }^{6}$ John Innes Centre, Norwich Research Park, Norwich, UK

Received 31 October 2022;
revised 2 August 2023;
accepted 7 August 2023.
*Correspondence (Tel +34 963 879933; fax +34 963 877859; email dorzaez@ibmcp. upv.es)

Keywords: Cisgenesis, intragenesis, tomato, biofortification, flavonoids, branched amino acids.


#### Abstract

Summary Higher dietary intakes of flavonoids may have a beneficial role in cardiovascular disease prevention. Additionally, supplementation of branched-chain amino acids (BCAAs) in vegan diets can reduce risks associated to their deficiency, particularly in older adults, which can cause loss of skeletal muscle strength and mass. Most plant-derived foods contain only small amounts of BCAAs, and those plants with high levels of flavonoids are not eaten broadly. Here we describe the generation of metabolically engineered cisgenic tomatoes enriched in both flavonoids and BCAAs. In this approach, coding and regulatory DNA elements, all derived from the tomato genome, were combined to obtain a herbicide-resistant version of an acetolactate synthase (mSIALS) gene expressed broadly and a MYB12-like transcription factor (SIMYB12) expressed in a fruit-specific manner. The mSIALS played a dual role, as a selectable marker as well as being key enzyme in BCAA enrichment. The resulting cisgenic tomatoes were highly enriched in Leucine (21-fold compared to wild-type levels), Valine (ninefold) and Isoleucine (threefold) and concomitantly biofortified in several antioxidant flavonoids including kaempferol (64-fold) and quercetin ( 45 -fold). Comprehensive metabolomic and transcriptomic analysis of the biofortified cisgenic tomatoes revealed marked differences to wild type and could serve to evaluate the safety of these biofortified fruits for human consumption.


## Introduction

Personalized nutrition aims to improve life quality and prevent disease by customizing diets based on individual characteristics such as age, genetic background, gut flora composition and behavioural habits. As our ability to generate individualized genetic and metabolomic profiles grows, so does the need to expand the assortment of reliable food sources from which important dietary compounds can be obtained. In recent times, the increasing precision offered by some new plant breeding techniques such as gene editing or cisgenesis has contributed to raising public acceptance of plant biotechnology applied to food, as exemplified by the pioneering commercialization of GABAenriched gene edited tomatoes (Waltz, 2021). At the same time, new breeding techniques open the way to the design of new metabolically customized fruits that combine noncompeting metabolite enrichment strategies, narrowing the gap between precision nutrition and metabolic engineering. In this work, we describe the engineering of tomatoes dually enriched in flavonoids and branched-chain amino acids (BCAAs) using a cisgenic approach.
Flavonoids have a proposed role in the prevention of cardiovascular diseases and colon cancer (Martin et al., 2013).

The overexpression of regulatory genes that activate several enzymes of the pathway was reported to lead to the accumulation at high levels of different flavonoid compounds such as anthocyanins, flavonols or both, depending on the specific combination of transcription factors employed (Bovy et al., 2002; Butelli et al., 2008; Luo et al., 2008; Zhang et al., 2015). In particular, transgenic overexpression of Arabidopsis MYB12 (AtMYB12), a master regulator of the phenylpropanoid biosynthetic pathway, led to a substantial increase in flavonol levels in fruits (Luo et al., 2008).

There are increasing concerns about the effect that strictly vegetarian diets could have in the development of muscle related conditions, especially in older adults. Low body mass index (BMI) and reduced muscle mass have been associated with the increased risk of hip fracture observed in women following vegetarian diets (Webster et al., 2022). Sarcopenia, a condition characterized by loss of muscle mass in older adults, is also a condition of concern associated with diets with low animal protein intake (Beaudart et al., 2017; Huang et al., 2016). BCAAs, valine (Val), leucine (Leu) and isoleucine (lle), account for $14 \%$ $18 \%$ of muscle protein total amino acids and they are considered critical regulators of anabolism in skeletal muscle tissues (Brestenský et al., 2015). Supplementation with these essential
amino acids abundant in animal proteins is, alongside with resistance training, a standard treatment for sarcopenia (McKendry et al., 2020). Indeed, a lucrative market of BCAA supplements has grown in athletics due to the claims that relate these supplements with an increase in BMI (Kårlund et al., 2019). A more desirable solution to dietary supplements would consist in enriching fruits and vegetables in key compounds whose absence could bring long-term negative effects in vegetarian diets. In this regard, elevating BCAA content in fruit and vegetables could reduce problems associated with the highly recommended reduction in the intake of animal-based food in older adults, especially for individuals opting for a strict vegan diet (Domić et al., 2022; Reid-McCann et al., 2022). An unexplored strategy to increase BCAAs in plant tissues consists of overexpression of the acetolactate synthase (ALS), an enzyme that catalyses the first step of BCAA biosynthesis, in particular the conversion of pyruvate into 2 -acetolactate to Val and Leu and the pyruvate conversion into 2-aceto-2-hydroxybutyrate, a precursor of lle (see Figure 2).
Cisgenesis is a new plant breeding technique (NPBT), which stands astride classical breeding and transgenesis (Espinoza et al., 2013). Cisgenesis makes only use of the genetic pool from a plant species itself or cross-compatible ones for engineering crops with new agronomic traits. By avoiding the introduction of alien DNA in the crop's genome, cisgenic approaches aim to reduce the biosafety concerns associated to transgenesis. Cisgenesis requires the use of compatible selection procedures. Some selectable markers have been derived from plants and those conferring resistance to herbicides can be adapted to cisgenic approaches (Liu et al., 2013; Sundar and Sakthivel, 2008; Tian et al., 2015; Yu et al., 2015), including the use of mutated versions of the above mentioned ALS enzyme (Okuzaki et al., 2007; Shimizu et al., 2008; Yao et al., 2013). ALS inhibition by herbicides results in a reduction of BCAAs in the plant and ultimately in plant death (Binder, 2010). Different naturally occurring amino acid substitutions have been reported to confer tolerance to different ALS-inhibiting herbicides which block the entrance of pyruvate to the active site of the enzyme (Zhou et al., 2007). One of them, the Pro-197-Ser mutation (in the ALS of Arabidopsis thaliana), results in sulphonylurea resistance (Haughn et al., 1988). Pro-197 is located at an $\alpha$-helix within the substrate access channel and is a relevant amino acid for herbicide binding. Thus, the access of the substrate to the catalytic site is impeded when sulphonylureas are present (Zhou et al., 2007), being its entrance reverted with a Pro-197-Ser mutation. Selection markers based on this mutated ALS have been developed for crops such as apple (Yao et al., 2013) and tobacco (Haughn et al., 1988), but an equivalent strategy remains unavailable for tomato.
We show here that the generation of tomatoes dually biofortified in flavonoids and BCAAs can be achieved by combining the constitutive expression of a mutated version of a Solanum lycopersicum ALS (mSIALS) gene and the previously described tomato MYB12 gene (SIMyb12) (Ballester et al., 2010) driven by a fruit-specific promoter. In this approach, ALS played a dual role, both as cisgenic selectable marker and as key factor for BCAA enrichment. Metabolic analyses demonstrate that cisgenic fruits were enriched in flavonols with significant accumulation of rutin, quercetin and kaempferol in the fruit flesh. Additionally, our data show that overexpression of mSIALS results not only on herbicide resistance but also in increased content of BCAAs and BCAA-derived volatiles. Finally, we used transcriptomics and
metabolomics to provide an unbiased picture of the effects in the fruit of the simultaneous expression of SIMYB12 and SIALS.

## Results

## Design of a new strategy for tomato cisgenic biofortification

An all-tomato-based selectable marker requires an endogenous gene expressed under tomato regulatory sequences. We aimed to design a cisgenic selectable marker based on ALS. A BLAST search with the AtALS amino acid sequence resulted in the identification of the three putative ALS homologues in tomato previously reported by Gao et al. (2014), ALS1 (Solyc03g044330.1), ALS2 (Solyc07g061940.2) and ALS3 (Solyc06g059889.2). Two of them, ALS1 and ALS2, have the highest amino acid sequence similarity with AtALS. We arbitrarily selected ALS1 to set up a cisgenic selection marker for tomato transformation. A single nucleotide change ( C to T at position 556), resulting in a proline to serine mutation at amino acid 186 (position 197 in reference to AtALS) was introduced to create a sulphonylureas resistant version of SIALS (mSIALS, Figure 1a). In parallel, tomato promoter regions conferring high and constitutive expression were isolated from genes showing high and broadly distributed expression in the Tomato Functional Genomics Database (http://ted.bti.cornell.edu/). Three top candidate genes (Solyc01g099770, Solyc06g007510 and Solyc09g010800) were selected, and their putative $5^{\prime}$ regulatory regions (comprising the annotated $5^{\prime}$ UTRs plus a 2 kb fragment upstream of the transcriptional start site (TSS)) and $3^{\prime}$ regulatory regions (comprising the $3^{\prime}$ UTRs plus 1 kb fragment downstream the transcriptional termination site) were isolated and tested transiently in Nicotiana benthamiana using a Firefly luciferase (FLuc) assay as previously described by Vazquez-Vilar et al. (2017). Among the different assayed promoters, the metallothionein-like protein type 2B (Mtb, Solyc09g010800) promoter, in combination with its own terminator, was shown to confer the highest relative expression levels, $6.94 \pm 0.95$ relative promoter units (RPUs, relative to nopaline synthase promoter) (Figure 1b, Sarrion-Perdigones et al., 2013). The transcriptional activity conferred by the Mtb promoter and terminator regions in the assayed conditions was approximately half of the activity conferred by the strong CaMV35S promoter when combined with the nopaline synthase (nos) terminator. Based on these data, we assembled the mSIALS CDS with the Solyc09g010800 promoter and terminator regions generating the transcriptional unit (TU) pMtb::mSIALS::tMtb, ready to be used as a cisgenic selectable marker.
Next, we established a protocol for tomato transformation with the new marker. First, we tested shoot regeneration of untransformed S. lycopersicum cv. Moneymaker cotyledon explants at different chlorsulfuron (CLS) concentrations (Figure 1c). Based on these results, we carried out the optimization of the new cisgenic marker for Agrobacterium-mediated transformation using a linked DsRed fluorescent reporter construct (Figure 1d) and testing a range of CLS concentrations in the regeneration media. The number of transformed explants was calculated based on their DsRed fluorescence. The optimal CLS concentration was set at $10 \mu \mathrm{~g} \mathrm{~L}^{-1}$, resulting in a transformation efficiency of $6.7 \%$ (Figure 1e).
Finally, to obtain mature fruits cisgenically biofortified in flavonoids, we produced a construct where the expression of


Figure 2 Overexpression of the acetolactate synthase gene results in increased BCAAs and branched chain volatiles in tomato fruits. (a) Primer design for differential detection of the endogenous and the cisgenic Solanum lycopersicum ALS mRNA (top) and mRNA fold change of endogenous and cisgenic ALS (bottom). Fruits of a T3 2-2-2 homozygous plant were harvested at different ripening stages. The control sample is a fruit of an azygous line harvested at breaker. Error bars represent standard deviation of technical replicates ( $n=3$ ). (b) Fold change on the BCAAs content of red ripe tomato fruits of three independent T2 AM lines compared to their corresponding azygous lines. (c) Schematic representation of the BCAAs biosynthetic pathway and proposed pathways for branched chain volatiles synthesis. (d) Fold change on the branched chain volatiles content of red ripe tomato fruits of three independent T2 AM lines compared to their corresponding azygous lines determined using GC-MS. Asterisks indicate values that are significantly different *(P<0.05), ** ( $P<0.01$ ), *** $(P<0.001$ ) from their corresponding azygous lines (Student's $t$-test). Error bars represent SD of independent biological replicates ( $n=3$ ).
primers specifically designed to differentiate between the two forms (see Figure S2). cALS transcript showed strong overaccumulation in fruit with a 25 -fold increment from green to orange stages (Figure 2a), indicating a ripening-associated activation of Mtb promoter that, to our knowledge, had not been shown before. These data led us to investigate the extent to which the high levels of ALS transcripts in the fruit flesh would affect the fruit composition, and in particular, the amount of BCAAs and their derivatives. We found much higher amounts of leucine, isoleucine and valine in the three lines under analysis (Figure 2b). For AM_2-2-2, increments were 14-, 3.8- and 7.8fold for Leu, lle and Val, respectively, with respect to WT fruits. Absolute contents of all three BCAAs in fruits of line AM_2-2-2 are shown in Table 1. As can be observed, the accumulation of
free leucine reached up to $350 \mathrm{mg} \mathrm{kg}^{-1} \mathrm{FW}$ (estimated $7.0 \mathrm{~g} \mathrm{~kg}^{-1}$ dry weight), whereas more modest accumulations of isoleucine ( $45 \mathrm{mg} \mathrm{kg}^{-1} \mathrm{FW}$, estimated $0.9 \mathrm{~g} \mathrm{~kg}^{-1} \mathrm{DW}$ ) and valine ( $140 \mathrm{mg} \mathrm{kg}^{-1} \mathrm{FW}$, estimated $2.8 \mathrm{~g} \mathrm{~kg}^{-1}$ DW) were measured. To discard a possible effect of MYB12 in the changes observed in BCAAs in the fruit, we studied levels of Leu, lle and Val also in the leaves of the three lines. As expected, BCAAs were found to overaccumulate also in the leaves of cisgenic plants. AM_1A-1-5 and AM_2-2-2 leaves showed the highest increments in BCAAs (Figure S3). For AM_1A-1-5, increments were 2.7-, 4.7and 6.7-fold WT for Leu, Ile and Val, respectively. The levels of glucose and fructose as well as organic acids (malate, citrate and glutamate) were also analysed. We did not detect significant differences between the wild-type and cisgenic tomatoes in terms
flesh samples both at 4 dpb and at 7 dpb . In contrast, the direction of changes seemed more balanced in peel, with even a majority of down-regulated features observed at 7 dpb . A Venn diagram of features that were differentially overexpressed in AM
shows that approximately $80 \%$ of the differential features were present in the flesh and a $68 \%$ of them in the peel (Figure S8). Among the features overexpressed in WT, the $83 \%$ of them are present in the peel and the $66 \%$ in the flesh. 136 ( $30 \%$ ) were


Figure 3 Fruit-specific expression of SIMYB12 results in increased phenylpropanoids content. (a) Primer design for differential detection of the endogenous and the cisgenic Solanum lycopersicum ALS mRNA (top) and mRNA fold change of endogenous and cisgenic ALS (bottom). Fruits of a T3 2-2-2 homozygous plant were harvested at different ripening stages. The control sample is a fruit of an azygous line harvested at breaker. Error bars represent standard deviation of technical replicates ( $n=3$ ). (b) Schematic representation of the phenylpropanoids biosynthetic pathway. (c) Fold change on the flavonols content of red ripe tomato fruits of three independent T2 AM lines compared to their corresponding azygous lines determined using HPLC. (d) Fold change on other flavonoids content of red ripe tomato fruits of three independent T2 AM lines compared to their corresponding azygous lines determined using HPLC. (e) Fold change on the caffeoyl quinic acids content of red ripe tomato fruits of three independent T2 AM lines compared to their corresponding azygous lines determined using HPLC. Asterisks indicate values that are significantly different *(P>0.05), **( $P<0.01$ ), ***( $P<0.001$ ) from their corresponding azygous lines (Student's $t$-test). Error bars represent SD of independent biological replicates ( $n=3$ ).

Table 2 Absolute quantification of flavonols in flesh of three independent AM and three independent WT fruits collected at 7 dpb

|  | WT-1 | WT-2 | WT-3 | AM-1 | AM-2 |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: |
| Quercetin $\left(\mu \mathrm{g} \mathrm{g}^{-1} \mathrm{FW}\right)$ | $1.73 \pm 0.03$ | $2.00 \pm 0.07$ | $1.84 \pm 0.05$ | $97.53 \pm 3.16$ | $80.96 \pm 4.52$ | $74.85 \pm 2.27$ |
| Kaempferol $\left(\mu \mathrm{g} \mathrm{g}^{-1} \mathrm{FW}\right)$ | $0.216 \pm 0.004$ | $0.259 \pm 0.001$ | $0.242 \pm 0.019$ | $14.43 \pm 0.67$ | $16.65 \pm 0.60$ | $14.70 \pm 1.55$ |

present in flesh and peel collected at 7 dpb and 108 (24\%) were present only in the peel at 7 dpb .

To obtain a better insight on the identity of those features showing the most differential behaviour, we performed a new analysis employing more resolutive analytical conditions facilitating compounds identification. We chose 7 dpb samples for this new detailed analysis as this time point showed the most dramatic differences. The results of this new analysis are shown in Figure $4 c$ c, $d$. Consistently with previous untargeted fingerprint, PCA analysis of 7 dpb samples showed clear separation among samples categories. The first component ( $51.4 \%$ ) separated flesh from peel samples, whereas the second component (36.6\%) clearly separated samples by genotype. The hierarchical clustering of 60 most differential metabolites shown in Figure 4d was also consistent with the differences observed in targeted analysis (see Table S2). This hierarchical clustering identified a first cluster of compounds with a strong overaccumulation in both peel and flesh of cisgenic fruits. This cluster is formed by flavonoid compounds (naringenin and kaempferol glycosides) and most interestingly, several features identified as acyl glycosides whose acyl chain derives from Leucine (Table S2). A second cluster that shows strong overaccumulation in cisgenic fruit flesh contains hydroxycinnamic acid glycosides and, remarkably, leucine. A third large cluster of compounds accumulating preferentially in both AM tissues was identified in the heatmap, representing a wider variety of compounds in which flavonoids and hydroxycinnamic acid derivatives were predominant. Finally, only a few compounds, among those most differentially regulated, were found to accumulate preferentially in WT tissues. These correspond to glycoalkaloids in WT peel and hydroxybenzoic acid derivatives in both WT tissues (Figure 4d).

Transcriptomic analysis of AM fruits revealed a general activation of flavonoids and branched amino-acid pathways

Further investigation of the effects of simultaneous expression of ALS and MYB at high levels in the fruit was carried out using transcriptomic analysis. Tomato fruits of AM and WT plant lines were harvested at 4 dpb and flesh samples were used for RNAseq analysis. In the flesh, a total of 1874 genes were differentially expressed, a majority of then (1200) overexpressed in the AM
fruits (Table S3). Interestingly, SIALS ranked second among the most significant up-regulated genes. We estimated that in the cisgenic line, $\sim 99.2 \%$ of reads corresponded to the cisgenic copy and only $\sim 0.8 \%$ of them to the endogenous one. GO term enrichment analysis revealed that genes involved in the small molecule, carboxylic acid, oxoacid, organic acid, nucleoside/ nucleotide and cellular amino acid biosynthesis processes were significantly overrepresented in the AM fruits (Figure 5a and Table S4). Regarding the cellular component, the GO terms significantly overrepresented in the AM lines were mainly related to the plastids and their different compartments (Figure 5a and Table S4). The list of genes contributing to these GO terms include the acetolactate synthase and several plastidial kinases and oxidoreductases involved in the shikimate and phenylpropanoids pathways (see Table S5).

A KEGG enrichment analysis confirmed the biosynthesis of secondary metabolites as the most significantly enriched biological process, next to the amino acids biosynthesis. A closer look to the flavonoid pathway revealed a total of 14 up-regulated genes in AM fruits, distributed in multiple steps of the pathway (see Figure 5b). Among them, the strongest up-regulation occurred in chalcone synthases 1 and 2 (CHS1 and CHS2), the naringenin 3dioxygenase ( F 3 H ), the chalcone isomerase 1 (CHI1) and the flavonol synthase (FLS) (Figure 5c). This latter gene, catalysing the oxidation of dihydroflavonols to produce flavonols, showed the most dramatic up-regulation, in accordance with the observed increase of kaempferol, quercetin and myricetin. The KEGG analysis also revealed that 50 genes involved in the amino acid biosynthesis pathway were differentially expressed in the AM fruits, most of them up-regulated (Figure 59). Interestingly, those up-regulated genes in the shikimate pathway leading to the biosynthesis of phenylalanine were also identified by Zhang et al. (2015) upon ectopic expression of AtMyb12 driven by E8 promoter, whereas others leading to BCAAs synthesis are exclusive of the combination of SIMyb12 and SIALS.

## Discussion

Cisgenesis refers to those genetic engineering approaches that make use only of DNA elements derived from the genetic pool of


Figure 4 Metabolite profiling with LC-MS of ALS-MYB flesh and peel samples. (a) Principal component analysis (PCA) of AM versus WT samples. (b) Heatmap of the 100 most differential features detected in AM and WT flesh and peel samples. (c) Principal component analysis (PCA) of AM versus WT samples collected at 7 dpb and analysed with LC-MS. (d) Heatmap with the most differential compounds upon curation detected in AM and WT flesh and peel samples at 7 dpb .
sexual compatible species. Cisgenic crops are intrinsically genetically modified organisms (GMOs), and therefore, they are sensibly regulated as such (van Hove and Gillund, 2017). However, bearing in mind the reduction in perceived risk associated with the avoidance of exogenous DNA sequences in the makeup of cisgenic plants by consumers, it is reasonable to claim and to expect a reduction in the regulatory constraints governing their consumption and/or commercialization, especially in those countries where process-based GMO regulations prevail (Russell and Sparrow, 2008). Interestingly, several surveys show that public acceptance is higher for crops generated using new breeding technologies that avoid the presence of foreign DNA sequences (Delwaide et al., 2015). Recently, the EU Commission conducted a public have-your-say enquiry on the need to change regulations for plants produced using new breeding techniques, a
survey that was focused on genome editing but that extended to cisgenesis. The expectation for regulatory changes has brought along a renewed interest in the evaluation of cisgenesis-based engineered crops. An immediate application of cisgenesis is the enrichment of food composition in health-related compounds, more specifically in those compounds that are already present in the crop, but for which genetic intervention could result in a higher abundance or a more convenient relative concentration. The cisgenic substitution of the regulatory sequences governing the expression of transcription factors (TFs) or biosynthetic enzymes (BEs) are two strategies to modify metabolic fluxes, leading to the accumulation of health-promoting compounds. Here, we combined the TF and BE approaches in a single cisgenic intervention in tomato fruits, demonstrating the feasibility of combined fortification strategies.


Figure 5 Transcriptomic analysis of ALS-MYB flesh samples shows overexpression of multiple genes involved in the amino acids and flavonoids biosynthetic pathways. (a) GO terms enrichment analysis of genes overexpressed in the AM fruits. The ten most significant GO terms are displayed. (b) A KEGG analysis shows that several genes of the flavonoids pathway (red arrows) are overexpressed in the AM fruits compared to WT. Asterisks indicate genes overexpressed in AtMYB12 fruits from Zhang et al. (2015). (c) Log FPKMs of the genes differentially expressed among lines in the flavonoids pathway depicted in (b).

The herbicide-resistance trait conferred by mutations in ALS loci has been used traditionally in many crops (Okuzaki et al., 2007; Shimizu et al., 2008), with resistant mutations known to appear spontaneously in weed species (Tranel and Wright, 2002). The employ of ALS as transgenic selection marker is also common (Li et al., 1992; Yao et al., 2013), but its use in cisgenic breeding requires species-specific adaptation, limiting its widespread use for this particular purpose. Here, we showed that the 186 Pro > Ser conversion (197 in reference to AtALS) of SIALS confers
resistance to chlorsulfuron, as previously demonstrated for the Arabidopsis ALS in tobacco (Haughn et al., 1988) and with the apple ALS both in tobacco and apple (Yao et al., 2013). The transformation efficiencies of $5.5 \%$ reported here were lower than those obtained by the use of the well-established nptll antibiotic selection marker but were high enough to be considered for routine transformations, particularly if the cisgenic status conferred a commercial advantage to the resulting product. To our knowledge, no other ALS-based purely cisgenic
breeding strategy has been described so far. Surprisingly, an associated increase in BCAAs has not been reported before, despite the extended use of this marker in transgenic selection strategies. A possible explanation is that the levels of expression of the mutated ALS in target food tissues were considerably lower to those conferred by the Mtb promoter employed here. In other examples such as in apple (Yao et al., 2013), where ALS expression was driven by a CaMV35S promoter, the effect on BCAAs might have remained unnoticed. When the goal is to obtain the double biofortification, the choice of a strong promoter seems the best way to proceed; however, in the light of our findings, the employment of ALS under a strong promoter should be reconsidered when the aim is to generate new plants varieties free of effects related to the use of the selectable marker. For these cases, the use of endogenous ALS promoter could be an advisable strategy. Conversely, ALS-based BCAA enrichment could be also considered as an interesting biofortification strategy to apply to protein-rich crops to modify the profile of amino-acids in plant-based foods. Our results also suggest that transaminases and other enzymes involved in the BCV synthesis are not limiting factors, and by simply increasing the pool of BCAA precursors, higher levels of BCVs can be obtained. Furthermore, we also observed strong accumulation in BCAAs- derived volatiles in leaves of cisgenic tomato lines. Since E8-driven gene expression is strictly fruit-specific, these observations strongly suggest that the observed BCAAs accumulation is to a large extent, if not exclusively, a consequence of ALS overexpression. This point is reinforced by data generated by Breitel et al. (2020), which showed that the levels of Ile, Leu, and Val in the AtMYB12 fruits increased on average 1.3-, 1.8- and 1.4 -folds, respectively as compared to the wild-type fruit, with none of these changes found to be statistically significant. In comparison, these are clearly minor variations when contrasted to the 3.8 -, 14.0 - and 7.8 -fold changes found, respectively, in dually fortified fruits, with all increases being statistically significant.
As expected, the parallel overexpression of SIMYB12 driven by E8 promoter resulted in a notable over-accumulation of specific compounds of the flavonol biosynthesis pathway in the fruit, in line with previous results reported with transgenic lines overexpressing the orthologous transcription factor from Arabidopsis (Luo et al., 2008). All three independent lines analysed here showed a drastic increase of naringenin, kaempferol and quercetin glycosides in the fruit in reference to wild type and the corresponding azygous lines. The degree of enrichment in target metabolites obtained with cisgenesis seems comparable than that reported in equivalent transgenesis, despite the use of endogenous TF and the concomitant enrichment in BCAAs. Overaccumulations of most relevant aglycon flavonols such as quercetin and kaempferol measured from hydrolysed fruit extracts to enable absolute quantification are close to 50 -fold as compared with wild-type Moneymaker fruits, a similar range to what was found earlier in transgenic tomatoes transformed with E8-driven Arabidopsis AtMYB12 gene (Zhang et al., 2015), who established earlier the role of MYB12. Also in this previous study, Zhang et al. (2015) showed that AtMYB12 under the control of the E8 promoter resulted in transcriptomic changes in nearly all the genes involved in glycolysis, the pentose phosphate, the shikimate and the flavonoid pathways. Our data indicate that SIMYB12 is functionally equivalent to AtMYB12. We observed that, like AtMYB12, SIMYB12 has a role in the transcriptional activation not only of phenylpropanoid biosynthetic enzymes but also in rewiring carbon flux towards the production of aromatic
amino acids. As expected, a correlation between up-regulated transcripts and metabolite levels was found for most of the flavonoid pathway steps when data were analysed in the context of metabolic pathways.

In addition to the expected enrichment in targeted compounds, untargeted metabolomic profiles showed a clear separation between cisgenic and control fruits. Separation among samples is more evident at the later ripening stage ( 7 dpb ), arguably due to the late expression of the two cisgenes driven by the E8 and Mtb promoters, respectively. The identification of the 60 most significantly differential features yielded a fruit metabolic landscape fully congruent with what was observed in targeted analysis as a consequence of Myb12 overexpression, with flavonoids and hydroxycinnamic acids derivatives popping up among the most significantly up-regulated compounds. Interestingly, leucine and remarkably a group of compounds tentatively identified as acyl glycosides are among the most up-regulated compounds. These acyl glycosides are reported to derive from the branched chain ketoacids (Maeda, 2019), and their enrichment in ALS overexpressing tomatoes is, similarly to the accumulation of BCVs observed in GC-MS profiles (Figure 2d), a consequence of the increased BCAA levels in those lines and support the idea that BCAA are limiting factors in the production of both type of specialized metabolites.
The untargeted metabolome profiles shown here highlight the extent of the compositional modifications that can be obtained by simply introducing changes in the expression levels of two unique genes, and this is expected to happen regardless of the use of transgenesis, cisgenesis or traditional breeding. In our view, this reflects the level of interconnection that occurs among biosynthetic pathways and questions the applicability of the substantial equivalence concept (Catchpole et al., 2005) for the evaluation of safety profiles in plant breeding when nutritional enrichment is the objective. It would be more informative to compare the metabolomic profiles of the engineered crop with other varieties of the same or related crops (e.g. tomatoes in this case), an approach that could help to identify any suspicious, unintended deviation from what is generally considered as safe in the metabolic composition of the same range of product. In this regard, the availability of increasingly complete pan-metabolomes from different crop species is a highly valuable resource (Drapal et al., 2022; Enfissi et al., 2021). In our view, strong unintended deviations are especially unlikely to occur using cisgenic breeding approaches.

Although dually fortified in flavonols and BCAAs, the metabolite enrichment levels in terms of overall dietary requirements are not comparable for the two types of metabolites. The absolute levels of quercetin produced in cisgenic fruits reached remarkable levels of $100 \mu \mathrm{~g} \mathrm{~g}{ }^{-1} \mathrm{FW}$, equivalent to 10 mg of quercetin in an average 100 g serving portion, a quantity close to that employed when quercetin is used as a food supplement. On the other hand, the content of BCAAs in a serving portion of tomato represents no more than $2 \%-5 \%$ of the daily dietary requirements $\left(85 \mathrm{mg} \mathrm{kg}^{-1}\right.$ according to Kurpad et al., 2006). In a strict vegetarian diet, antioxidant supplementation would therefore be likely covered by the normal daily intake of cisgenic tomatoes, but the levels of BCAAs would be insufficient in this single product. To be effective, a similar approach could be implemented in parallel in other fruit and vegetables, particularly if increases in free amino acids were also reflected in increases in amino acid composition in proteins in the vegetarian diet.
added and used as retention index (RI) markers. Analyses were performed on a 6890 N gas chromatograph (Agilent Technologies) coupled to a Pegasus 4D TOF mass spectrometer (LECO). Chromatography was performed with a BPX35 ( $30 \mathrm{~m}, 0.32 \mathrm{~mm}$, $0.25 \mu \mathrm{~m}$ ) capillary column (SGE Analytical Science) with $2 \mathrm{~mL} \mathrm{~min}{ }^{-1}$ constant helium flow. Oven programming conditions were as follows: 2 min of isothermal heating at $85^{\circ} \mathrm{C}$, followed by a $15^{\circ} \mathrm{C} \mathrm{min}{ }^{-1}$ temperature ramp up to $360^{\circ} \mathrm{C}$. Injection temperature was set at $230^{\circ} \mathrm{C}$, and the ion source was adjusted to $250^{\circ} \mathrm{C}$. Data were acquired after electron impact ionization at 70 eV and recorded in the $70-600 \mathrm{~m} / \mathrm{z}$ range at $20 \mathrm{scans} \mathrm{s}{ }^{-1}$. Chromatograms were analysed by means of the ChromaTOF software. Metabolites were identified by comparison of both mass spectra and retention time with those of pure standards injected under the same conditions (Table S1). Peak area of each identified compound was normalized to the internal standard area (ribitol) and sample dry weight. Five replicates per line were performed.

## Absolute quantification of valine, leucine and isoleucine

The absolute quantification of the branched chain amino acids was performed as described in Methods S 1 .

## Determination of volatile compounds

Volatile compounds were analysed as described in Methods S2.

## LC-ESI(+/-)-MS analysis of tomato fruit phenylpropanoids

Phenylpropanoid extraction was carried out as previously described (Fasano et al., 2016). Briefly, 10 mg of ground freeze-dried fruit powder was extracted with 0.75 mL cold $75 \%$ (v/v) methanol, $0.1 \%$ (v/v) formic acid, spiked with $10 \mu \mathrm{gmL}{ }^{-1}$ formononetin. Samples were vortexed for 30 s , shaken for 15 min at 15 Hz using a Mixer Mill 300 (Qiagen) and kept at RT for 5 min (twice). After centrifugation for 15 min at $20000 \times \mathbf{g}$ at $4^{\circ} \mathrm{C}, 0.6 \mathrm{~mL}$ of supernatant was removed and transferred to HPLC tubes. For each genotype, extractions from at least 4 fruits were performed. Separation was carried out using an Ultimate 3000 HPLC coupled to a Q-EXACTIVE mass spectrometer (ThermoFisher) equipped with a C18 Luna reversephase column ( $150 \times 2.0 \mathrm{~mm}, 3 \mu \mathrm{~m}$; Phenomenex, Macclesfield, UK) and a gradient system as follows: $95 \% \mathrm{~A}: 5 \% \mathrm{~B}$ for 1 min , followed by a linear gradient to $25 \% \mathrm{~A}: 75 \% \mathrm{~B}$ over 40 min . LC conditions were kept for 2 more minutes, before going back to the initial LC conditions in 18 min . Ten $\mu \mathrm{L}$ of each sample was injected and a flow of 0.2 mL was carried out during the whole LC runs. Detection was performed continuously from 230 to 800 nm with an online Ultimate 3000 photodiode array detector (PDA, Thermo Fischer Scientific, Waltham, MA). All solvents used were LC-MS grade quality (CHROMASOLV® from Sigma-Aldrich). The Exactive Plus Orbitrap mass spectrometer was equipped with a heated electrospray probe (H-ESI). ESI and MS parameters were as follows: spray voltage -5.0 kV , sheath gas and auxiliary nitrogen pressures 30 and 10 arbitrary units, respectively; capillary and heater temperatures were set at, respectively, 250 and $150^{\circ} \mathrm{C}$, while tube lens voltage was 50 V . Data were acquired in profile mode. Identification was performed as reported before (Diretto et al., 2020), through (i) comparison of chromatographic and spectral properties of authentic standards and reference spectra, if available; (ii) on the basis of the full MS data, using $\mathrm{m} / \mathrm{z}$ accurate masses, as reported on Pubchem database (http://pubchem.ncbi.nlm.nih.
gov/) for monoisotopic masses identification, or on Metabolomics Fiehn Lab Mass Spectrometry Adduct Calculator (http://fiehnlab. ucdavis.edu/staff/kind/Metabolomics/MS-Adduct-Calculator/) in case of adduct ion detection; and/or (iii) by comparing theoretical and experimental MS fragmentation (by MS/MS) as reported in public (e.g. Metlin) or in house databases. Metabolites were relatively quantified on the basis of the internal standard amounts and data were subsequently normalized, for each metabolite, on WT levels. Detailed information on metabolite data detection, including chemical formula, RT, ionization characteristics and their level of identification, is now presented as Table S1. ANOVA was applied to the absolute metabolite quantifications, and pair-wise comparisons were used in Tukey's HSD test running on the Past 3.x software (http://folk.uio.no/ ohammer/past/).

## Flavonol absolute quantification

The absolute quantification of flavonols quercetin and kaempferol was performed as described in Methods S3.

LC-MS untargeted analysis for metabolic fingerprinting
Flesh and peel samples of five AM and five WT fruits collected at 4 and 7 dpb were frozen in liquid nitrogen and ground into a fine powder. Next, samples were freeze-dried and weighed ( $10 \pm 0.5 \mathrm{mg}$ ) and extracted in methanol/water (1:1) as described previously. To each aliquot of the polar phase ( $100 \mu \mathrm{~L}$ ), internal standard (genistein, $1 \mu \mathrm{~g}$ ) was added. The polar phase was used for metabolite profiling by UPLC-ESI-QToF 6560 (Agilent Technologies, Stockport, UK) as previously described (Drapal et al., 2022). Data processing was performed with Agilent Profinder (v10.0 SP1; Agilent Technologies, Inc.). The identified molecular features were relatively quantified to the internal standard and dry weight of the sample. Only molecular features that were present in at least two out of the five biological replicates for either AM or WT were analysed. PCA and hierarchical clustering analysis were performed with Metaboanalyst (Pang et al., 2022) using auto scaling for data normalization.
LC-MS untargeted analysis for compound identification
Flesh and peel samples of four AM and four WT fruits collected at 7 dpb were used for this analysis. Sample extraction and chromatography were performed as described for flavonol quantification in Methods S3. Ionization was performed with heated electrospray ionization (H-ESI) in positive and negative mode. Samples were acquired in full scan mode (resolution 120000 ) and mixes in both full scan and data dependent acquisition (DDA) to help with compound identification. For DDA, resolution was set at 30000 and intensity threshold at 2 e 5 . $\mathrm{m} / \mathrm{z}$ range was from 150 to 1500 . Peak identification and annotation and data analysis and statistics were performed with Compound Discoverer 3.3 software (Thermo Scientific, Waltham, MA) and Metaboanalyst (Pang et al., 2022). For a first clean-up of the raw data, only features with peak rating $>5$ for at least 4 samples, assigned formula containing only $\mathrm{C}, \mathrm{H}, \mathrm{N}$ and O and at least one match in database searches were kept and subjected to statistical analysis. After ANOVA and t-test analyses, 658 features with $\log _{2} \mathrm{FC}>1$ and adj $P$-value $<0.05$ (Benjamini-Hochberg correction) for at least one comparison were kept. After manual curation of the data (peak selection based in retention time, MS/ MS data, mzCloud and internal database matches and literature search), a final inclusion list of 59 metabolites was obtained (Table S2).

Enfissi, E.M.A., Drapal, M., Perez-Fons, L., Nogueira, M., Berry, H.M., Almeida, J. and Fraser, P.D. (2021) New plant breeding techniques and their regulatory implications: An opportunity to advance metabolomics approaches. J. Plant Physiol. 258-259, 153378.
Espinoza, C., Schlechter, R., Herrera, D., Torres, E., Serrano, A., Medina, C. and Arce-Johnson, P. (2013) Cisgenesis and intragenesis: New tools for improving crops. Biol. Res. 46, 323-331.
Fasano, C., Diretto, G., Aversano, R., D'Agostino, N., Di Matteo, A., Frusciante, L., Giuliano, G. et al. (2016) Transcriptome and metabolome of synthetic Solanum autotetraploids reveal key genomic stress events following polyploidization. New Phytol. 210, 1382-1394.
Gao, D., Huibers, R.P., Loonen, A.E., Visser, R.G., Wolters, A.-M.A. and Bai, Y. (2014) Down-regulation of acetolactate synthase compromises Ol-1mediated resistance to powdery mildew in tomato. BMC Plant Biol. 14, 32.
Haughn, G.W., Smith, J., Mazur, B. and Somerville, C. (1988) Transformation with a mutant Arabidopsis acetolactate synthase gene renders tobacco resistant to sulfonylurea herbicides. Mol. Gen. Genet. 211, 266-271.
Hosmani, P.S., Flores-Gonzalez, M., van de Geest, H., Maumus, F., Bakker, L.V., Schijlen, E., van Haarst, J. et al. (2019) An improved de novo assembly and annotation of the tomato reference genome using single-molecule sequencing, Hi-C proximity ligation and optical maps. bioRxiv, 767764. https://doi.org/10.1101/767764
Huang, R.-Y., Yang, K.-C., Chang, H.-H., Lee, L.-T., Lu, C.-W. and Huang, K.-C. (2016) The association between total protein and vegetable protein intake and low muscle mass among the community-dwelling elderly population in northern Taiwan. Nutrients, 8, 373.
Kanehisa, M., Sato, Y. and Morishima, K. (2016) BlastKOALA and GhostKOALA: KEGG tools for functional characterization of genome and metagenome sequences. J. Mol. Biol. 428, 726-731.
Kårlund, A., Gómez-Gallego, C., Turpeinen, A.M., Palo-oja, O.-M., El-Nezami, H. and Kolehmainen, M. (2019) Protein supplements and their relation with nutrition, microbiota composition and health: Is more protein always better for sportspeople? Nutrients, 11, 829.
Kim, D., Paggi, J.M., Park, C., Bennett, C. and Salzberg, S.L. (2019) Graphbased genome alignment and genotyping with HISAT2 and HISAT-genotype. Nat. Biotechnol. 37, 907-915.
Kochevenko, A., Araújo, W.L., Maloney, G.S., Tieman, D.M., Do, P.T., Taylor, M.G., Klee, H.J. et al. (2012) Catabolism of branched chain amino acids supports respiration but not volatile synthesis in tomato fruits. Mol. Plant, 5, 366-375.
Kurpad, A.V., Regan, M.M., Raj, T. and Gnanou, J.V. (2006) Branched-chain amino acid requirements in healthy adult human subjects. J. Nutr. 136(1 Suppl), 256S-263S.
Li, H. (2011) A statistical framework for SNP calling, mutation discovery, association mapping and population genetical parameter estimation from sequencing data. Bioinformatics, 27, 2987-2993.
Li, Z., Hayashimoto, A. and Murai, N. (1992) A sulfonylurea herbicide resistance gene from Arabidopsis thaliana as a new selectable marker for production of fertile transgenic rice plants 1. Plant Physiol. 100, 662668.

Liu, J., Gerken, H., Huang, J. and Chen, F. (2013) Engineering of an endogenous phytoene desaturase gene as a dominant selectable marker for Chlamydomonas reinhardtii transformation and enhanced biosynthesis of carotenoids. Process Biochem. 48, 788-795.
Luo, J., Butelli, E., Hill, L., Parr, A., Niggeweg, R., Bailey, P., Weisshaar, B. et al. (2008) AtMYB12 regulates caffeoyl quinic acid and flavonol synthesis in tomato: Expression in fruit results in very high levels of both types of polyphenol. Plant J. 56, 316-326.
Maeda, H.A. (2019) Harnessing evolutionary diversification of primary metabolism for plant synthetic biology. J. Biol. Chem. 294, 16549-16566.
Martin, C., Zhang, Y., Tonelli, C. and Petroni, K. (2013) Plants, diet, and health. Annu. Rev. Plant Biol. 64, 19-46.
McKendry, J., Currier, B.S., Lim, C., Mcleod, J.C., Thomas, A.C.Q. and Phillips, S.M. (2020) Nutritional supplements to support resistance exercise in countering the sarcopenia of aging. Nutrients, 12, 2057.
Okuzaki, A., Shimizu, T., Kaku, K., Kawai, K. and Toriyama, K. (2007) A novel mutated acetolactate synthase gene conferring specific resistance to pyrimidinyl carboxy herbicides in rice. Plant Mol. Biol. 64, 219-224.

Pang, Z., Zhou, G., Ewald, J., Chang, L., Hacariz, O., Basu, N. and Xia, J. (2022) Using MetaboAnalyst 5.0 for LC-HRMS spectra processing, multi-omics integration and covariate adjustment of global metabolomics data. Nat. Protoc. 17, 1735-1761.
Pertea, M., Pertea, G.M., Antonescu, C.M., Chang, T.-C., Mendell, J.T. and Salzberg, S.L. (2015) StringTie enables improved reconstruction of a transcriptome from RNA-seq reads. Nat. Biotechnol. 33, 290-295.
Rambla, J.L., Tikunov, Y.M., Monforte, A.J., Bovy, A.G. and Granell, A. (2014) The expanded tomato fruit volatile landscape. J. Exp. Bot. 65, 4613-4623.
Reid-McCann, R.J., Brennan, S.F., McKinley, M.C. and McEvoy, C.T. (2022) The effect of animal versus plant protein on muscle mass, muscle strength, physical performance and sarcopenia in adults: Protocol for a systematic review. Syst. Rev. 11, 64.
Robinson, M.D., McCarthy, D.J. and Smyth, G.K. (2010) EdgeR: a Bioconductor package for differential expression analysis of digital gene expression data. Bioinformatics, 26, 139-140.
Russell, A.W. and Sparrow, R.J. (2008) The case for regulating intragenic GMOs. J. Agric. Environ. Ethics, 21, 153-181.

Sarrion-Perdigones, A., Vazquez-Vilar, M., Palací, J., Castelijns, B., Forment, J., Ziarsolo, P., Blanca, J. et al. (2013) Goldenbraid 2.0: A comprehensive DNA assembly framework for plant synthetic biology. Plant Physiol. 162, 16181631.

Shimizu, M., Goto, M., Hanai, M., Shimizu, T., Izawa, N., Kanamoto, H., Tomizawa, K.-I. et al. (2008) Selectable tolerance to herbicides by mutated acetolactate synthase genes integrated into the chloroplast genome of tobacco. Plant Physiol. 147, 1976-1983.
Slimestad, R., Fossen, T. and Verheul, M.J. (2008) The flavonoids of tomatoes. J. Agric. Food Chem. 56, 2436-2441.
Stewart, C.N., Patron, N., Hanson, A.D. and Jez, J.M. (2018) Plant metabolic engineering in the synthetic biology era: Plant chassis selection. Plant Cell Rep. 37, 1357-1358.
Sundar, I.K. and Sakthivel, N. (2008) Advances in selectable marker genes for plant transformation. J. Plant Physiol. 165, 1698-1716.
Tian, Y.-S., Xu, J., Xing, X.-J., Zhao, W., Fu, X.-Y., Peng, R.-H. and Yao, Q.-H. (2015) Improved glyphosate resistance of 5-enolpyruvylshikimate-3phosphate synthase from Vitis vinifera in transgenic Arabidopsis and rice by DNA shuffling. Mol. Breed. 35, 148.
Tieman, D., Zhu, G., Resende, M.F.R., Lin, T., Nguyen, C., Bies, D., Rambla, J.L. et al. (2017) A chemical genetic roadmap to improved tomato flavor. Science, 355, 391-394.
Tranel, P.J. and Wright, T.R. (2002) Resistance of weeds to ALS-inhibiting herbicides: What have we learned? Weed Sci. 50, 700-712.
van Hove, L. and Gillund, F. (2017) Is it only the regulatory status? Broadening the debate on cisgenic plants. Environ. Sci. Eur. 29, 22.
Vazquez-Vilar, M., Quijano-Rubio, A., Fernandez-Del-Carmen, A., SarrionPerdigones, A., Ochoa-Fernandez, R., Ziarsolo, P., Blanca, J. et al. (2017) GB3.0: A platform for plant bio-design that connects functional DNA elements with associated biological data. Nucleic Acids Res. 45, 21962209.

Vazquez-Vilar, M., Sarrion-Perdigones, A., Ziarsolo, P., Blanca, J., Granell, A. and Orzaez, D. (2015) Software-assisted stacking of gene modules using Goldenbraid 2.0 DNA-assembly framework. Methods Mol. Biol. 1284, 399420.

Waltz, E. (2021) GABA-enriched tomato is first CRISPR-edited food to enter market. Nat. Biotechnol. 40, 9-11.
Webster, J., Greenwood, D.C. and Cade, J.E. (2022) Risk of hip fracture in meat-eaters, pescatarians, and vegetarians: Results from the UK Women's Cohort Study. BMC Med. 20, 275.
Yao, J.-L., Tomes, S. and Gleave, A.P. (2013) Transformation of apple (Malus $\times$ domestica) using mutants of apple acetolactate synthase as a selectable marker and analysis of the T-DNA integration sites. Plant Cell Rep. 32, 703714.

Yu, Q., Jalaludin, A., Han, H., Chen, M., Sammons, R.D. and Powles, S.B. (2015) Evolution of a double amino acid substitution in the 5-enolpyruvylshikimate-3-phosphate synthase in Eleusine indica conferring high-level glyphosate resistance. Plant Physiol. 167, 1440-1447.
Zanor, M.I., Rambla, J.-L., Chaïb, J., Steppa, A., Medina, A., Granell, A., Fernie, A.R. et al. (2009) Metabolic characterization of loci affecting sensory attributes

